

Dr. Xenakis holds a Bachelor of Science degree in chemistry from the University of New Hampshire; a Master of Science and dual Doctoral degrees in Medicine (Doctor of Medicine) and Neurophysiology (Doctor of Science), Boston University; and a Masters of Public Health from Harvard School of Public Health. After medical school he completed his internal medicine internship from University Hospital, Boston University Medical Center and residency in Preventive Medicine from Harvard University. Dr. Xenakis' professional experience spans more than thirty plus years as an engaging and innovative teacher, storyteller, author, and host. His timely, accurate, and extensive work in contributing to the body of knowledge in understanding human behavior in healthy and disease states, such as mental health, continues to contribute to effective evidenced based care as well as helping shape health-care policy and information management. Doc X is an internationally respected authority in cognitive neuroscience with his work benefitting the exploration, explanation, and education of the impact of cognitive biases and heuristics in consumer and professional decision making. In the fall of 2023, Dr. Xenakis will direct within The University of the Incarnate Word's Professional and Continuing Education Division (PaCE) "The Center for Cognitive Bias and Decision Making".